



Glasgow Disability Alliance
Promoting Equality, Rights and Social Justice

Join us!



Free to
join!

Free
learning
+ events

Free
transport

Free
support
and
advice

We have thousands of members across Greater Glasgow who are confident, connected and contributing!

Get out, have fun and meet new people, learn new skills and discover your talents.

"You feel part of something bigger, you feel valued." GDA member

Promoting equality, rights and social justice

Our vision is a world where disabled people can participate on a full and equal basis in all aspects of our lives, communities and society. Disabled people know best what works, what doesn't and what needs to change to achieve this vision.

GDA supports disabled people to share their lived experience with services, policy makers and decision makers and works together to tackle barriers and build solutions with disabled people and others.

Building your confidence and make connect

GDA Learning is fun, free and fully accessible! From digital skills to DJ and longer courses offer something for everyone. Whatever your age or ability, have a go, and try something new! **GDA programmes** tackle isolation, build confidence, set goals, and get more out of life.

Get help and support

GDA's **Welfare Rights Officers** help disabled people and their families. Our **Wellbeing Team** supports disabled people with their mental health and loneliness through one-to-one and group support. Our **Community Navigators** help their families to identify and remove blockages and barriers to the support they need. Our **EmPOWER 65+** project supports older people to save money and access services.

Have your voice heard and make your contribution

Our **Drivers for Change Network** steers GDA's collective voice – identifying priority issues for us to focus on, and contributing their time, voices and lived experience to influence policy and decision makers, while supporting our wider membership to know their rights and get involved, too. Our **Social Care Experts (by experience) Group** bring their diverse lived experience, expertise and passion for equality to fuel all our social care policy and partnership work.



"GDA provides the access and support I need to take part, learn something new, and get the advice I need. I've made friends, I'm a lot more confident. Now I'm giving something back by supporting others."

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ing, fishing to first aid, our taster days or interests, come along, meet others, n and loneliness and support you to



s get all the money they're entitled to. h and wellbeing, reducing isolation and **Navigator** helps disabled people and port they need for independent living. nd avoid hardship.



Led by disabled people
Disabled people's talents, strengths and lived experiences are at the heart of GDA.
Our members help us design and develop everything we do.



Join us!

GDA membership is FREE and open to:

- Disabled people aged 11+
- People with long term conditions living in the Greater Glasgow area.

Members receive our newsletter and invitations to a whole range of learning and events, totally FREE!

If you are a:

- Carer or family member
- Worker supporting disabled people

You can join as an associate, non-voting member, to receive information and invitations to some of our events.

Contact us to apply!

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www.gda.scot

**Free
courses
+ events**

**Fully
accessible**

**Free
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**Free
support
and
advice**

**contact
SCOTLAND
BSL**

**GDA is a 3rd Party
Reporting Centre.**

Contact us if you
need help to report a
disability Hate Crime.



Scottish Government
Riaghaltas na h-Alba
gov.scot



Glasgow Disability Alliance is a registered
Scottish Charity number: SC034247
Company number: SC248467



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